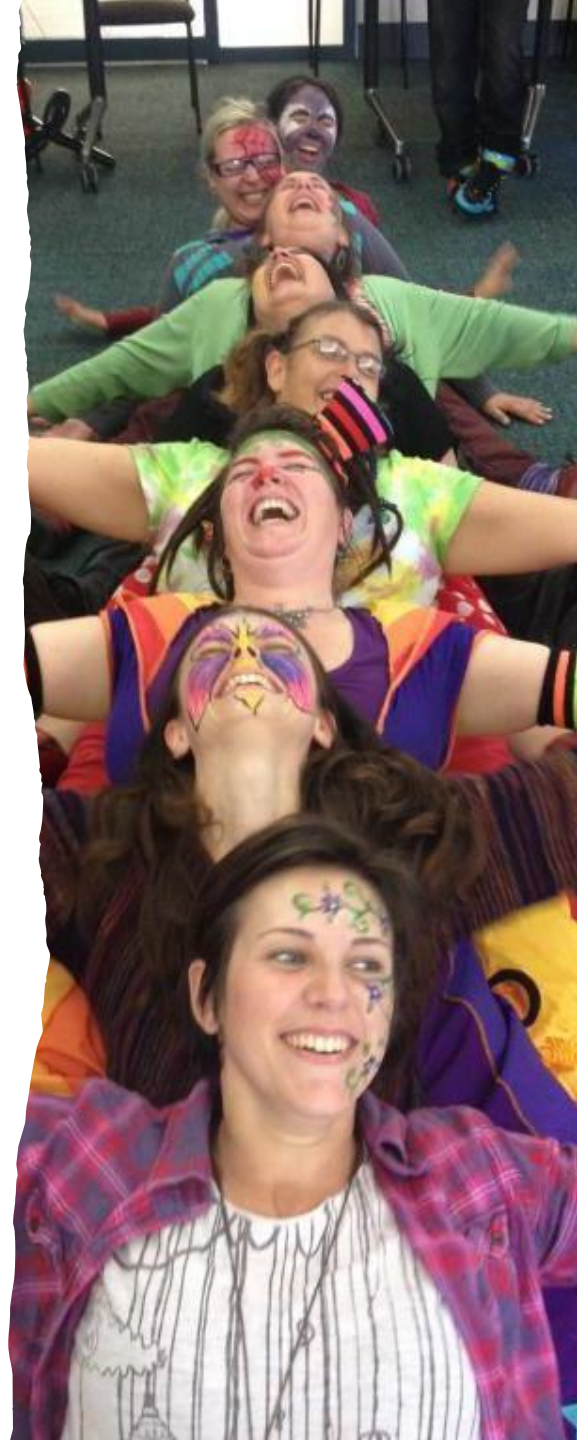
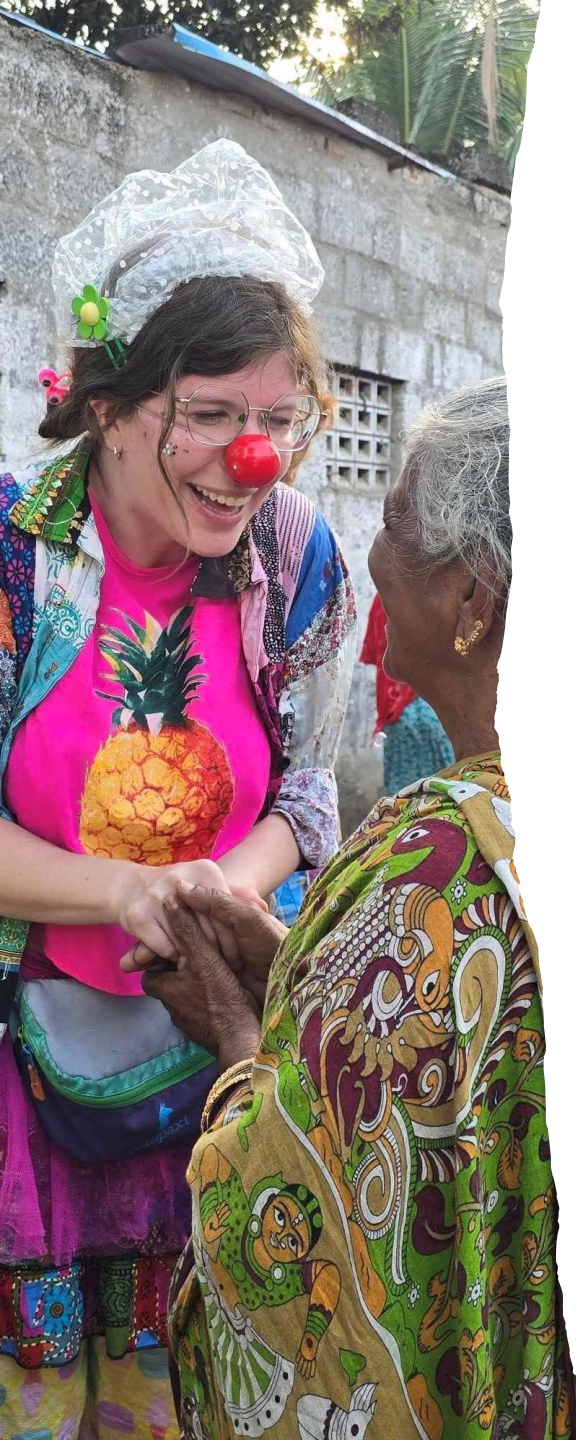




Nepal Trip Information Pack
Sept 26th - Nov 11th 2025

Getting Started

- We extend our heartfelt gratitude to you for expressing your interest in becoming a volunteer with Humanitarian Clowns in Nepal; Your willingness to dedicate your time to this noble cause truly warms our hearts.
- Joining us in the world of Humanitarian Clowning is not just about volunteering; it's about forming genuine connections and fostering a sense of joy within some of the most marginalized communities globally. We believe in the power of laughter and companionship as tools for positive change.
- Whether you come with prior experience or not, please know that with Humanitarian Clowns Inc, you'll be gently guided through a spectrum of experiences designed to help you connect with individuals on a deeply personal level. Moreover, your journey will immerse you in grassroots community development, allowing you to make a lasting impact.
- As you prepare for your overseas tour with Humanitarian Clowns , we want to ensure you have all the necessary information. Kindly peruse this information booklet carefully, as it contains essential details to help you navigate and fully embrace this transformative experience. Once again, thank you for choosing to be a part of our compassionate community.





About Humanitarian Clowns / Circus for Humanity

- Humanitarian Clowns is a leading organisation dedicated to spreading joy, compassion, and hope through the art of clowning, circus arts and performing arts.
- Founded in 2012 by Tim Webster , Humanitarian Clowns brings performers together to uplift disadvantaged communities, particularly in times of crisis, illness, and poverty.
- Humanitarian Clowns has mentored 100's of volunteers abroad and generated hundreds of thousands of laughs upon our missions.
- Humanitarian Clowns has worked with 100's of different charities and Organisations around the world and pride ourselves in assisting with missions that focus on Community Development

About The Green Lion

- *The Green Lion is the first choice for meaningful and eco-friendly travel around the world. We are pioneers in eco-tourism and create fun, adventurous, and community-centric programs which focus on enhancing your travel experience without compromising our eco-system or adversely affecting the lives of the communities and animal and plant habitats that are dependent on it.*
- *Through the years our strong emphasis on investing in lives and social development has enabled us to become leaders in our field. The immense work we have done at the grassroots level has helped us become an integral part of the various communities and agencies we support and collaborate with. Our environmental and conservation efforts are not just regular tourist programs, but place a strong emphasis on protection, rehabilitation, and creating workable long-term solutions. Our work involves knowledge sharing and educating local communities dependent on these ecosystems through which we ensure peaceful and sustainable cohabitation.*





— Who can clown??

- At Humanitarian Clowns, we take immense pride in fostering an inclusive and diverse community! Our commitment to equal opportunity extends to individuals of all ages, genders, abilities, and levels of experience. We celebrate the richness that diversity brings and encourage everyone to embrace each other wholeheartedly.
- Children are not just welcomed but encouraged to participate, and our youngest participant to date was a delightful 2-year-old! We're all about breaking age barriers, with our oldest participant being in their 70s. For those under 18, we kindly request the presence of an adult guardian.
- While performers are indeed a wonderful addition, you don't need to be a seasoned entertainer to join us. Humanitarian Clowns provides comprehensive training for all participants, ensuring that everyone feels confident and ready to spread joy.
- For participants over the age of 18, we ask for a Working With Children Check or equivalent documentation from your state or country. If you have any queries about the specific requirements, please reach out to us, and we'll be more than happy to assist.
- At Humanitarian Clowns, we embrace individuals of all abilities, and we are dedicated to making your trip as awesome as possible. To ensure we cater to your needs



What is Compassionate Clowning

Compassionate clowning is where an individual or group embraces the transformative power of joy and compassion as a means of bringing comfort and support to people facing adversity. Distinguished by a playful spirit, whimsical attire, performances and a genuine empathy, a humanitarian clown utilizes humour as a universal language to connect with diverse communities. Whether working in hospitals, orphanages, or disadvantaged areas, a humanitarian clown's mission extends beyond entertainment; it is rooted in creating positive moments of respite, fostering connections, and uplifting spirits. With a heart dedicated to spreading happiness, a humanitarian clown brings lightness and joy to those in need, embodying the belief that laughter transcends barriers and serves as a powerful force for healing and human connection.



What a Trip in Nepal looks like for performer experienced volunteers



- If you have performance background and your expressing interest to join Humanitarian Clowns as a performer for this trip, the trip will look the same as the previous page that will consist of our can compassionate clowning in hospitals and other social service Organisations, however we will also be organising for the performers to visit and perform at Schools and Buddhist Monastires to put on a collaborative show with other performing volunteers participating on the trip.
- Performers will have little time on the trip to co- create a show and we will work with all the participating performers prior the trip to assist in creating a fun show together.
- Please note due to the vulnerability of the communities we visit, it's very important that the performance routine are suitable for children, with no toxicity to it including sexual references or violence like slap stick comedy. clothing must be appropriate for Indian culture.
- Both Compassionate clowns and Performers are encouraged to participate in both Compassionate Clowning and performances throughout the trip. However, it is not mandatory.

About Nepal:

Nepal, a landlocked country nestled in the heart of the Himalayas, is renowned for its breathtaking natural beauty, rich cultural heritage, and spiritual significance. Home to Mount Everest, the world's tallest peak, and an array of serene landscapes, it attracts adventurers and peace seekers alike. Nepal boasts a diverse culture with over 100 ethnic groups and languages, blending traditions, music, and cuisine into a vibrant tapestry. Known as the birthplace of Lord Buddha, the nation holds deep spiritual roots, making it a global hub for pilgrims and explorers.



What a Trip in Nepal looks like

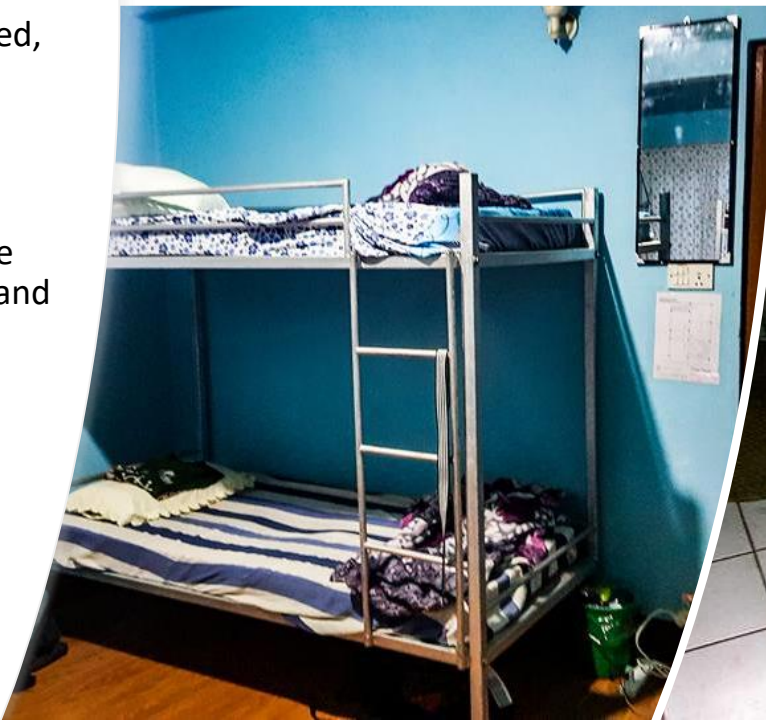


Embark on a transformative 16-day journey with Humanitarian Clowns in Nepal, filled with compassionate clowning and heartwarming performances. Based around Kathmandu, you'll bring joy to hospices, schools, and Buddhist monasteries, creating unforgettable connections. The trip includes a weekend visit to the stunning lakeside city of Pokhara, known for its serene beauty and majestic mountain views. Immerse yourself in Nepalese culture by exploring vibrant local markets, ancient temples, the world's largest stupa, and fascinating caves. Alongside performances, you'll participate in cultural and language sensitivity workshops and even learn the art of Nepalese cooking. This adventure promises meaningful experiences and cultural enrichment while spreading smiles to communities in need.

Nepal 14DI13N		Meals	Morning	Afternoon	Evening	Overnight
Day 1	Sunday	D	- Pick up from airport transfer to Accommodation	- Pick up from airport transfer to accommodation - Introduction to the Accommodation	- Welcome Dinner - Rest from the long journey	TGL Accommodation
Day 2	Monday	B/L/D	Introduction session -Discuss the itinerary and the projects -Introduction about Nepal, Local Culture, Local people and their believes/ way of life.	- Nepal Language Lessons - Nepal Cooking Lessons"	- Enjoy your own made Dinner	TGL Accommodation
Day 3	Tuesday	B/L/D	- Visit the project/performance sites and make the preparations for Clown performances this week	- Clown Performances and Workshops at local schools / Assist with local lessons	- Play sports with local people	TGL Accommodation
Day 4	Wednesda	B/L/D	- Clown Performances and Workshops at local schools / Assist with local lessons at	- Clown Performances and Workshops at local schools / Assist with local lessons at	- Cultural Dinner at the Program house.	TGL Accommodation
Day 5	Thursday	B/L/D	- Clown Performances and Workshops at local schools / Assist with local lessons at schools	- Clown Performances and Workshops at local schools / Assist with local lessons at schools	- Free time to relax and to Visit old markets night markets and spend time etc..	TGL Accommodation
Day 6	Friday	B/L/D	- Clown Performances and Workshops at local schools / Assist with local lessons - Goodbye Ceremony at the school	- Prepare for weekend trip to Pokhara	- Travelling to Pokhara	Over night bus
Day 7	Saturday	B/L/D	- Check in Hotel	- Explore lake side, and walk around the lake	- Observe the light offering	Hotel in Pokhara
Day 8	Sunday	B/L/D	- Early morning drive to Sarangkot for sunrise and witness the snow peaked mountains.	- Visit Bindabasini Temple, Davis fall, cave and Peace Pagoda.	- Travelling to Kathmandu	Over night bus
Day 9	Monday	B/L/D	- Visit the project/performance sites and make the preparations for Clown performances this week	- Clown Performances and Workshops at local schools / Assist with local lessons at schools	- Free time to relax and to Visit old markets night markets and spend time etc..	TGL Accommodation
Day 10	Tuesday	B/L/D	- Clown Performances and Workshops at local schools / Assist with local lessons at schools	- Clown Performances and Workshops at local schools / Assist with local lessons at schools	- Free time to relax and to Visit old markets night markets and spend time etc..	TGL Accommodation
Day 11	Wednesda y	B/L/D	- Clown Performances and Workshops at local schools / Assist with local lessons at schools	- Clown Performances and Workshops at local schools / Assist with local lessons at schools	- Free time to relax and to Visit old markets night markets and spend time etc..	TGL Accommodation
Day 12	Thursday	B/L/D	- Clown Performances and Workshops at local schools / Assist with local lessons at schools	- Clown Performances and Workshops at local schools / Assist with local lessons - Goodbye Ceremony at the school	- Free time to relax and to Visit old markets night markets and spend time etc..	TGL Accommodation
Day 13	Friday	B/L/D	- Visit the Buddhist Monastery	- Clown performance to the monks at the monastery.	- Final feedback session - Goodbye Dinner - Pack your bags for next day's departure	TGL Accommodation
Day 14	Saturday	B	- Say your goodbyes to the local team - Transfer back to the airport	- Transfer back to the airport		

Trip Details:

- **Accommodation:** Very basic yet comfortable lodging, same sex shared rooms, basic bunk beds and cold showers.
- **Meals:** Daily meals provided, with an emphasis on local cuisine.
- **Transport:** Local transportation between venues and site visits will be arranged including pick up and drop off at airport.
- **Cultural Orientation:** A briefing on local customs, expectations, and essential Nepalese phrases will be provided upon arrival.



How will we support you?

At Humanitarian Clowns, we are committed to ensuring your journey with us is not only memorable but also filled with support at every step. Here's how we've got your back throughout the entire process:

Pre-Trip Support:

- 1. Live Online Training and Q&A Sessions:** Before embarking on the Nepal 2025 tour, we provide comprehensive live online training sessions, ensuring you are well-prepared for the unique challenges and joys of humanitarian clowning. Our Q&A sessions address any queries you may have, fostering a confident and informed volunteer community.
- 2. Fundraising Assistance:** We understand that fundraising is a significant aspect of your journey. We offer robust support for your fundraising endeavours, providing guidance, tips, and resources to help you reach your goals.
- 3. Access to Humanitarian Clowns Resources:** Utilize our extensive collection of resources to enhance your fundraising efforts. From promotional materials to creative ideas, we offer a toolkit to amplify your impact.
- 4. DGR Status for Business Sponsorships:** Leverage our Deductible Gift Recipient (DGR) status for sponsorships from businesses. This allows your sponsors to benefit from tax deductions while contributing to your humanitarian efforts.



How will we support you? (continued)

During the Trip:

1. Debrief Sessions: Regular debrief sessions during the trip provide a platform to share experiences, address concerns, and enhance the overall volunteer experience.

2. Approachable Coordinators: Our coordinators on the trip are readily available for one-on-one discussions, offering support and guidance whenever needed. Approach them with any questions, concerns, or for personal training sessions.

Post-Trip Support:

1. Online Reunion and Debrief: After the Nepal 2025 tour, we host an online reunion and debrief session. This allows volunteers to reconnect, share their experiences, and reflect on the impact of their humanitarian clowning journey.

2. Support for Humanitarian Work: Whether you're looking to continue your humanitarian work or exploring new avenues, we provide ongoing support. Our team is here to guide you in starting or continuing your journey in making a positive impact.

3. References: If required, we are happy to provide references that attest to your experience and dedication as a humanitarian clown volunteer.



Where To From Here?

Now is the time you ask yourself:

Do I want to join the Humanitarian
Clowns Abroad in Nepal

And if the answer is YES!!-
**YOUR FIRST STEP IS TO SEND
US AN EMAIL AND ASK FOR AN
APPLICATION FORM AND PAY
YOUR DEPOSIT.**



Email us **TODAY** to receive
your **APPLICATION FORM**

How Much and what's included?

\$2,100 AUD

Includes:

- 1. Training: Receive thorough and hands-on training to equip you with the skills and confidence needed for impactful humanitarian clowning. (Pre-online training will occur via zoom)
- 2. Clowning Days: Engage in meaningful clowning activities in a range of hospices and performances in Schools, spreading joy and fostering connections.
- 3. Sightseeing: Explore the rich culture of Nepal with guided tours to local markets, vibrant temples, Stupas and a weekend away to Pokhara (overnight bus included)
- 4. Transportation for Activities and Sightseeing: All transportation related to organized activities and sightseeing is included, ensuring a seamless and enjoyable experience.
- 5. Meals: Enjoy three daily meals (breakfast, lunch, and dinner), offering a taste of delicious Indian cuisine to fuel your energy for the day's adventures.
- 6. Accommodation: Basic shared room dorms with bunk beds, cold showers and internet in communal space.





Price Excludes:

- Flights: Please note that the cost of flights is not included in the package.
 - Visas: Participants are responsible for obtaining their visas.
 - Travel insurance
- Spending Money: Plan for personal expenses during free time and non-organized activities.

To secure your spot on this incredible journey, a non-refundable \$300 deposit is required. For those accepted, Humanitarian Clowns is committed to providing full support in sourcing donations, fundraising, and sponsorships to assist with remaining participation fees and flight costs.

Payments

Paying a deposit of a non-refundable \$300aud into Humanitarian Clowns bank account:

- Bank: Westpac
 - Name: Humanitarian Clowns inc
 - BSB: 032-580
 - ACC: 287752
 - REF: your name Nepal 2025
-
- **THE COST OF THIS YEAR'S TRIP IS \$2,100 AUD.**
 - **The deposit is \$300 and is NON REFUNDABLE**
 - **Remaining \$1,800.00 AUD can be paid in part payments or in full to the same account up until, but no later than 31st August 2025**
- Our suggestion is to first pay deposit, then purchase airfares, then pay off the rest of the balance!**





**HOPE TO SEE YOU IN
NEPAL 2025 !!!**

SUGGESTED VEIWWING

- <https://youtu.be/x0HcAfd11ec>
- <https://youtu.be/bOTJOn0Yvl4>
- <https://youtu.be/5TZFJvsRGeU>
- https://youtu.be/WAT66z_DWNQ
- <https://youtu.be/dBI5svONXdE>
- https://youtu.be/A_lgj6ChBIA
- <https://youtu.be/fexNt-e3vUU>
- <https://youtu.be/4CNcx3fEAbg>
- <https://youtu.be/-AkDo3Y3DO4>





Brought to you by
HUMANITARIAN CLOWNS INC.
2025.